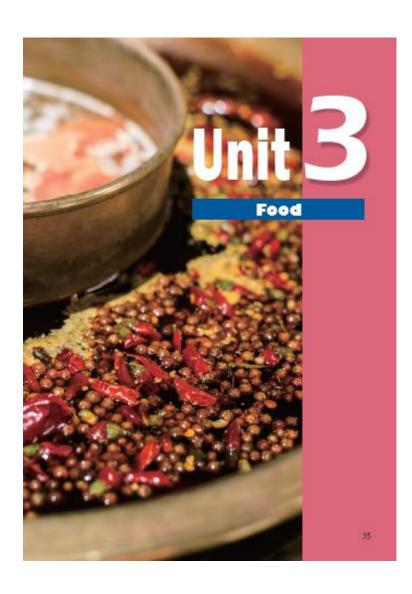


# 《高中英语》(上外版)

必修 第二册

上海市英语教育教学研究基地 上海外语教育出版社

## **Unit 3 Food**



Period 1 Getting Started & Reading A

Period 2 Reading A & Vocabulary Focus

Period 3 Grammar in Use

Period 4 Moving Forward: Writing

Period 5 Listening & Moving Forward: Speaking

Period 6 Viewing & Reading B

Period 7 Reading B & Critical Thinking



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## Unit Organisation

Period No.	Objectives	Activities
1		
2		
3		
4		
5		
6	<ol> <li>To analyse the text structure of an expository essay, find its topic sentences and supporting details, and work out its main idea;</li> <li>To grasp the main idea of a video clip of an open course with the help of the visuals and examples;</li> <li>To raise the awareness of the connection between food and culture and show understanding and tolerance towards different cultures.</li> </ol>	<ol> <li>Watching a video to prepare for reading</li> <li>Skimming for main idea and structure</li> <li>Analysing the text structure</li> <li>Reading for main idea</li> <li>Language study</li> </ol>
7		

#### What food tells us about culture?

(Watch the video clip and predict the content of the passage according to what you have viewed.)

- What can food tell us about culture?
- How can food tell us about culture?
- What culture can food tell us about?





# Skim the text and answer the following questions.

**Q1:** What's the **genre** of the text?

**Q2:** What's the **main idea** of the text?

**Q3:** How many parts can this text be divided into?

**Q4:** What's the **structure** of the text?

**Q5:** What's the **thesis statement** of the text?

**Q6:** What is the **main idea** of each paragraph?

**Q7:** Are there any **topic sentences** in the text?

### **Topic:** Food and culture

How many parts can this text be divided into?

**Argumentation** Para.1 Para.2 Para.3 Para.4 **Exposition** genre Para.5 Para.6 **Narration** 

main idea

topic sentence

<b>Thesis</b>
<b>Statement</b>

Para.1 There is a close link between food and culture.

There is more of a connection between food and culture than you may think.

Level 1

Para.2 Food is our emotional bond with our family and roots.

On an individual level, we grow up eating the food of our culture, and we learn to closely identify with it.

Level 2

Para.3 Food is an expression of cultural identity.

On a larger scale, food is an expression of cultural identity.

Level 3

Para.5

**Para.4** Characteristics of Chinese food culture

Each country or community's unique cuisine reflects its unique history, lifestyle, values and beliefs.

Food reflects a country's culture.

Characteristics of American food culture

**Conclusion** 

**Para.6** Food is a portal into culture.

We should embrace our heritage through our culture's food, but we should also become more informed about other cultures by trying dishes from around the world.

### Read for details

**Q1:** What does the "soup" (Para. 2) mean for the author? It means the past memory that she closely **identifies with**.



v. to feel that you can understand and share the feelings of sb else

Q2: Why do immigrants cook traditional food? v. to keep sb./sth. alive, or safe from harm of danger Immigrants cook traditional food as a way of preserving their culture in their new homes and as a means of coping with homesickness.

n. a person who has come to live permanently in a country that is not their own

v. deal with

**Q3:** What kind of attitude does the author advocate in the last paragraph?

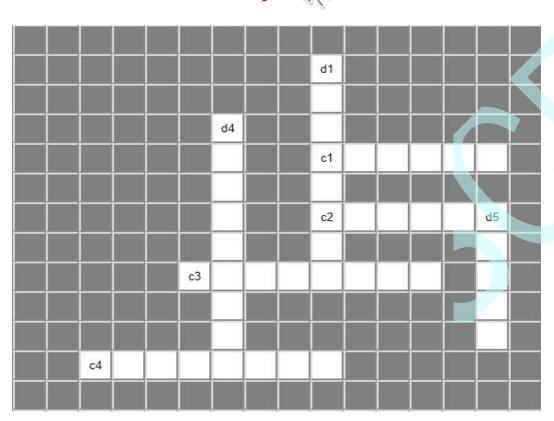
We should embrace our **heritage** through our culture's food, but we should also become more **informed** about other cultures by trying dishes from around the world.

\*\*v. to find out information about sth.

n. the history, traditions and qualities that a country or society has had for many years and that are considered an important part of its character

## **Words and Meanings**

- As the world becomes more globalized, it is easier to access cuisines from different cultures.
- On a larger scale, food is an expression of cultural identity.



- C1 v. to find out information about sth.
- $\mathbf{C2}$  v. to reach, enter or use sth.
- C3 v. to keep sb./sth. alive, or safe from harm of danger
- **C4** *n*. the characteristics, feelings or beliefs that distinguish people from others
- **D1** *n*. the history, traditions and qualities that a country or society has had for many years and that are considered an important part of its character
- **D4** *n*. a person who has come to live permanently in a country that is not their own
- **D5** *n*. the size or extent of sth., especially when compared with sth.

### **Assignments**

- 1. The video clip illustrates the connection between food and culture with examples. Watch the video clip and write down the examples the speaker uses to illustrate her points. Add examples from your experiences to illustrate these points. (Exercise III on Page 43)
- 2. Review the new words.
- 3. Listen to the tape and read the text twice.



