



上海市英语教育教学研究基地  
Shanghai Center for Research in English Language Education

# 《高中英语》（上外版）

必修第三册第三单元  
Healthy Lifestyle

授课教师：姜振骅

# 《高中英语》（上外版）

## 必修第三册第三单元



课时	授课内容
1	Getting Started/ Reading A
2	Reading A/ Vocabulary Focus
3	Reading A/ Grammar in Use
4	Listening and Viewing
5	Moving Forward
6	Reading B/ Critical Thinking
7	Further Exploration/ Self-assessment

# 学习目标 Learning Objectives:

**At the end of the lesson, you will be able to ...**

1. 能通过解读日常生活中的广告语理解省略的形式与作用;  
understand the form and the use of ellipsis by interpreting the slogans used in their daily life;
2. 通过句子改写学会省略并理解省略的意义;  
use ellipsis by rewriting sentences and understand their meanings;
3. 能在口头介绍同伴生活方式的异同时正确使用省略。  
orally introduce the similarities and differences about different lifestyles among peers by using ellipsis properly.



**THE  
ROAD  
AHEAD.**

What do you think are the reasons for the use of ellipsis?



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- Brief
- Catchy
- Impressive
- ...

# Read the *Grammar Highlights* on page 41

## • What is ellipsis to be specific?

Ellipsis is a situation in which one or more words are left out of a sentence but the sentence can still be understood.

## • When and where could we use ellipsis?

Ellipsis can be used in different contexts:

- in conditional sentences

*I will stop drinking beer if you want me to ~~stop drinking beer~~.*

- in sentences with comparative forms

*He eats more than anybody else in the class ~~eats~~.*

- when answering a question

– *Would you like more cabbage soup?*

– *Yes, ~~I would like more cabbage soup~~, please.*

- when expressions are joined by linking words such as and, but and or

*Too much sugar is harmful to physical ~~health~~ and mental health.*



# What is the context the ellipsis is used in?

- When did you go to the dentist?
- ~~I went to the dentist~~ yesterday morning.

- when answering a question

- What do you usually do to keep a healthy lifestyle?
- I go biking and jogging every day ~~to keep a healthy lifestyle.~~



# What is the context the ellipsis is used in?

I'll go for a walk with you if you want me to ~~go for a walk with you.~~

- in conditional sentences

You should get enough sleep every day to do well at school and work if you want to ~~do well at school and work.~~



# What is the context the ellipsis is used in?

Mike runs faster than John ~~runs~~.

- in sentences with comparative forms

That student of the sports club jumps higher than all other students ~~jump~~.





# What is the context the ellipsis is used in?

- What did they have for lunch?
- Alice had a bottle of yoghurt and some nuts, and Alan ~~had~~ a piece of mushroom pizza.
- when expressions are joined by linking words such as and, but and or

Students are good at different ball games. Sabrina is good at volleyball, and Kevin ~~is good at~~ basketball.





# Introduce your ways of keeping healthy



## **You are going to:**

- Work in groups to find out the ways among group members to keep healthy.
- Report the result to the whole class using ellipsis.

# Group \_\_\_\_\_

**Name**

**His/Her lifestyle in particular**  
*(note down the details in different aspects)*

SCREEN



# Introduce your ways of keeping healthy



## **You are going to:**

- Work in groups to find out the ways among group members to keep healthy.
- Report the result to the whole class using ellipsis.

## **You may refer to this checklist:**

- Is ellipsis used correctly?
- Is the report well-structured?
- Is the content informative?
- Is there a good choice of words and phrases?

# Assignments

- Review Grammar Highlights (P41,I)
- Compose a dialogue with your partner talking about how to lead a healthy life, using ellipsis when necessary.





Thank you!