

《高中英语》（上外版）

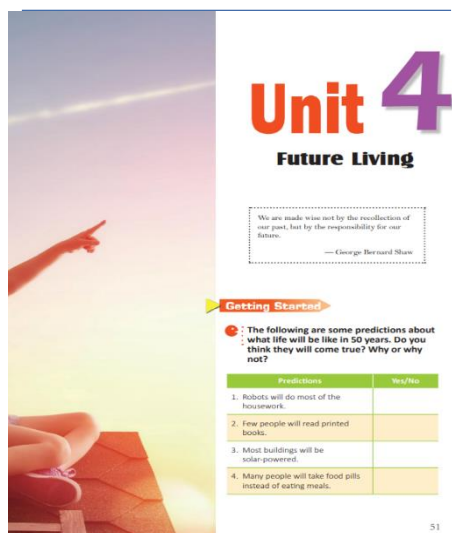
选择性必修第一册第4单元

Future Living

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《高中英语》（上外版）

选择性必修第一册第4单元



课时	授课内容
1	Getting Started/ Reading A
1	Reading A/ Vocabulary Focus
1	Grammar in Use
1	Listening, Viewing and Speaking
1	Reading B
1	Critical Thinking
1	Writing
1	Further Exploration/ Self-assessment

学习目标 Learning Objectives:

At the end of the lesson, you will be able to ...

1.能给未来的自己写一封90-110词的信;
write a letter to your future self in 90-110 words;

2.能在写作中运用事例作为支撑细节;
use examples as supporting details in your writing.

me



**future
me**



ops [Read Public Letters](#) [Write a Letter to the Future](#) [SIGN](#)

YOUR FUTURE LETTER

[FULL SCREEN](#)

Dear FutureMe,

Need some ideas?

DELIVER IN

1 year 3 years 5 years [Choose a date](#)

MAKE THIS LETTER

Private Public, but anonymous

YOUR EMAIL ADDRESS

BLOG



“I love this. I’ve sent myself five letters so far and every year it’s a surprise. Because I forget so easily, it turns into such a deep reflective process that I usually weep and laugh while I write.”

——Xu Wen

YOUR FUTURE LETTER

Dear FutureMe,

I hope this letter finds you well. **greeting**

My life is messed up now. I've failed my English exam twice. I'm sick and tired of things around me.

I'm writing this because I'm trying to sort out my life right now. Hopefully, by the time you read this, things will be better. For instance, you'll get into college, and I hope you'll be majoring in what you love. Please also tell me you're going out with your friends more. Oh, I think you'll be done with your English classes by now, so congratulations! Now please start learning French, then German (maybe Spanish, too).

You're so amazing. I know you don't think you are, but you're so smart and you'll end up living a brilliant life.

Best wishes, **complimentary close**

Me

current situation

hopes for the future

encouragement

Read the letter again and underline the sentences used as supporting details.

YOUR FUTURE LETTER

Dear FutureMe,

I hope this letter finds you well.

My life is messed up now. I've failed my English exam twice. I'm sick and tired of things around me.

supporting
details

I'm writing this because I'm trying to sort out my life right now. Hopefully, by the time you read this, things will be better. For instance, you'll get into college, and I hope you'll be majoring in what you love. Please also tell me you're going out with your friends more. Oh, I think you'll be done with your English classes by now, so congratulations! Now please start learning French, then German (maybe Spanish, too).

You're so amazing. I know you don't think you are, but you're so smart and you'll end up living a brilliant life.

Best wishes,

Me

supporting
details

Writing Strategy

Using examples as supporting details

Which sentence is more effective?

relevant and specific

A My life is messed up now. I've failed my English exam twice. I'm sick and tired of things around me.

B My life is messed up now. It's the beginning of a new semester here. Everyone is super busy.

Writing

Writing a letter to your future self



Write a general statement about your current situation.

e.g. **My life is getting better lately.**
I feel stressed out recently.

too specific



I used to be poor at English and failed it several times, but I manage to catch up with my classmates in recent exams.


Think of some examples relating to your current situation.

Picture the scene and depict some details!

e.g. I lack confidence in public speaking. When asked to give presentations in class, I feel extremely nervous and self-conscious. My mind goes blank and I become tongue-tied.

relevant examples

**hopes for the
future**



Hopefully, by the time
you read this, ...

For instance,...

...

...



Hopefully, by the time you read this, you will become more confident and brave. For instance, you don't care too much about what others say about you and I hope you will be happy with your tanned skin and chubby face. Please also tell me you are not afraid of giving presentations in public.

**Organize your examples to support the general statement.
Complete the letter in 90-110 words.**

A letter to FutureMe

Dear FutureMe,

Me

Dear FutureMe,

I hope everything is going well for you.

I'm currently in the first term of senior two and I'm trapped in a feeling of uncertainty. I don't know if I will do well in the three subjects I chose for my college entrance exam. And I'm not sure whether joining the Students' Union will impact on my studies.

I'm writing this because I've always been curious about you. Hopefully, by the time you read this, everything will be better. For instance, you will be doing what you like. You will become a confident and capable woman with a strong mind. Please also tell me you have a warm and loving family.

Everything I do now will have an impact on you, but I can't foresee anything. So, believe in yourself and never regret.

Best Regards,
Me

DELIVER IN

10 Years

Assignments

1. Polish your writing and post your letter on the “FutureMe” website. 
2. Turn your writing into a “TO-DO LIST” and put your list in a “future box” for future check.

Interaction

Share your letter within the group and make comments on your group members' letters.

Questions for your reference:

- Does he or she use examples as supporting details?
- Are the examples relevant and specific?
- What part of his or her letter impresses you most? Why?

Thank you!