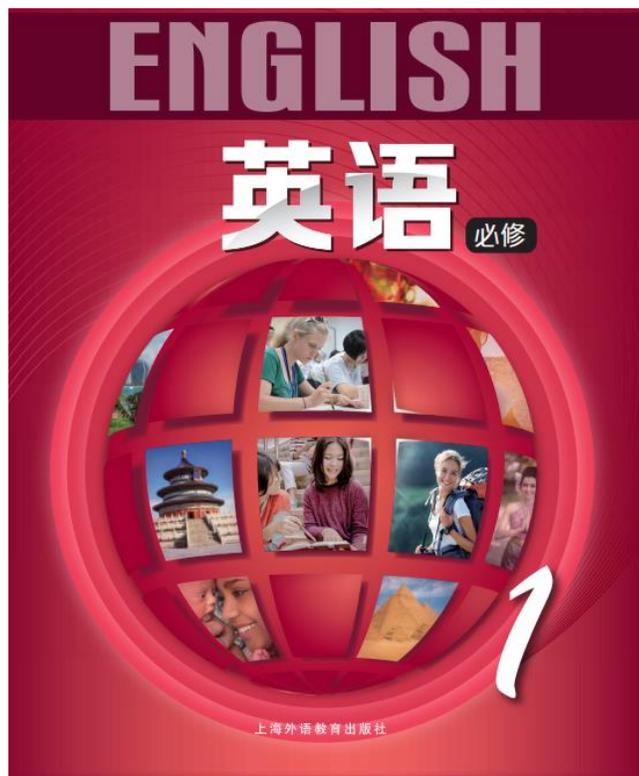




上海市英语教育教学研究基地
Shanghai Center for Research in English Language Education



《高中英语》（上外版）

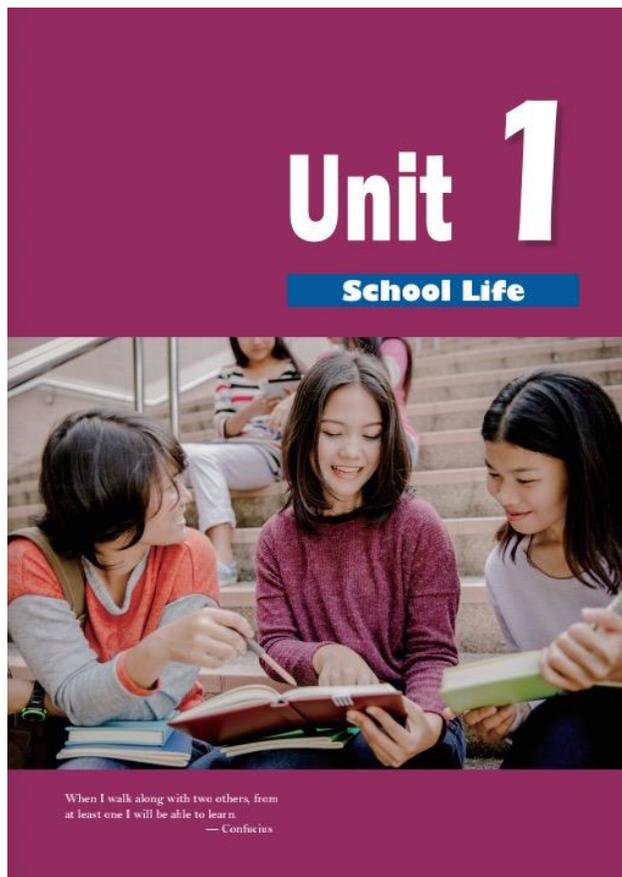
必修第一册第一单元

School Life

授课教师： 娄诗悦

《高中英语》（上外版）

必修第一册第一单元



课时	授课内容
1	Getting Started/ Reading A
2	Reading A/ Vocabulary Focus
3	Reading A/ Grammar in Use
4	Listening and Viewing
5	Moving Forward
6	Reading B/ Critical Thinking
7	Further Exploration/ Self-assessment

学习目标 **Learning Objectives:**

At the end of the lesson, you will be able to ...

1. 能从多模态资源中获取有关高中生活建议的主要内容和细节；
grasp the main idea and details from multimodal resources concerning tips for senior high school life;
2. 能通过梳理学长和莉齐父亲的建议，更好地适应高中生活；
better adapt to the new life of senior high school by sorting out the tips from senior students and Lizzie's father;
3. 能通过了解不同国家高中的迎新习俗，培养跨文化意识。
raise cross-cultural awareness by knowing the first week of high schools in different countries.

Q: What's new about your senior high school life?

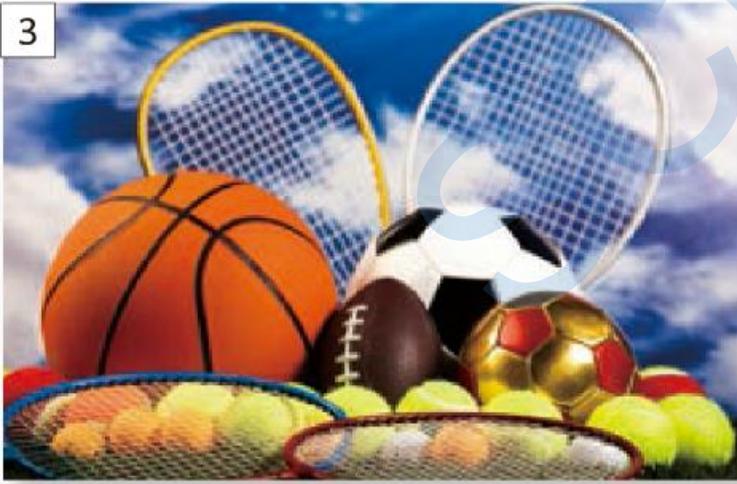
making friends



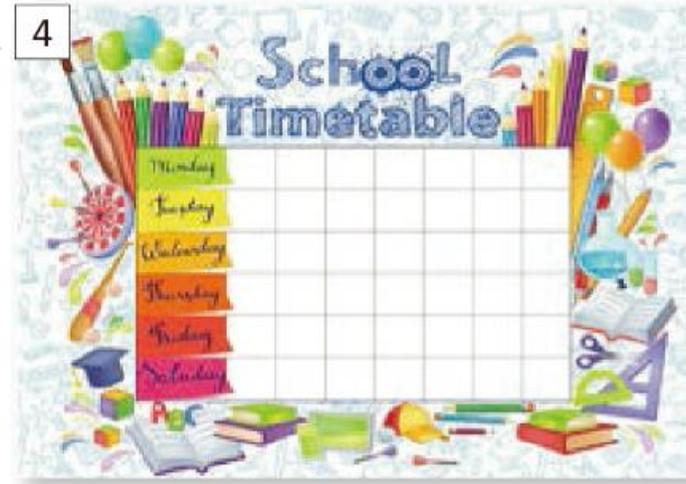
studying in the classroom



joining clubs



making plans according to the school timetable





Listen and choose the answers to the question.

Which tips are given to the first-year students?

- A. To meet new friends.
- B. To take part in social activities.
- C. To make a learning plan.
- D. To try something new.

'Here are our top tips ...'
'This leads to the next tip.'

Orientation:
training or information that
you are given before starting
a new job, course, etc.
(入学教育)



Listen to Tip 1 and answer the following questions.

1. Why is joining clubs a great way to meet new friends?

Because we can meet people from all the different years.

2. What's the most important thing for the third student?

The most important thing is to be yourself.

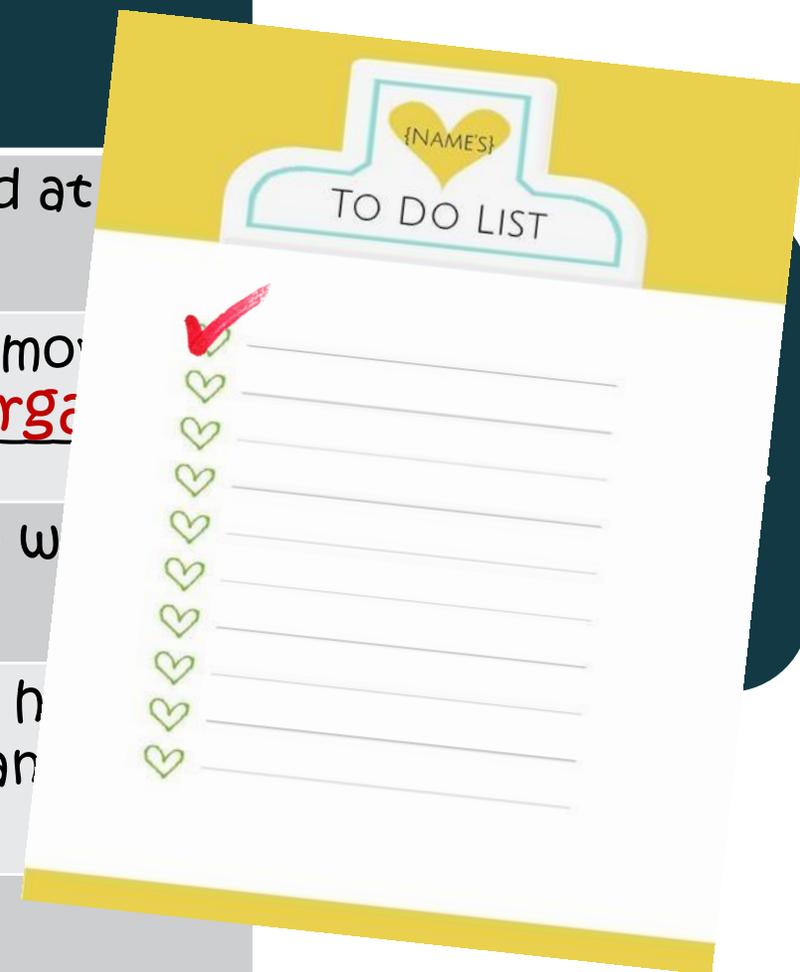
3. Besides joining clubs, what else can we do?

Getting involved in school activities.



Listen to Tip 2 and fill in the blanks.

	Ways to follow tips	Examples/ Reasons
Tip 1	To join clubs / get involved in activities.	I first met my best friend at 7 Camp.
Tip 2	To use a 1. diary .	You are expected to be more
	To start a regular study plan.	2. independent and organized
	To set up a quiet place at home.	You can concentrate on work
	write to-do lists for homework and tick them off as you finish each task.	Know when you need to help with your assignments and plan what you have to get done.
To ask teachers for help with 5. assignments if you need it.	/	



Q: Why does the speaker strongly recommend us to “try something new”?

“High school is full of possibilities.

You really don't know what can come of them.”

You will never know what the result is.

➤ What does the speaker mean?

School life can bring both challenges and possibilities to students.



A Survey

Q1

What is your biggest concern about senior high school life?

- School rules 25%
- School facilities 10%
- School activities 20%
- Others: _____

school courses, entrance examination, meeting new friends,...

Q2

How did you feel on the first day of senior high school?

- Happy 38%
- Surprised 15%
- Puzzled 32%
- Others: _____

excited, anxious, worried

Look at the picture and guess Lizzie's feelings about her senior high school life.

surprised

anxious

uneasy

unhappy



Watch the video and check your guess.

Q: How many characters are there in the video? Who are they?



Father



Lizzie



Lizzie's alter ego
(某人个性的另一面)



Watch the video again and choose the best answer.

1. What experiences did Lizzie's father have in his first week in senior high school?
2. Which of the following was Lizzie's experience before she entered senior high school?
3. Lizzie's father advised that she should _____ if she meets difficulties or failures in senior high school.

1. What experiences did Lizzie's father have in his first week in senior high school?

- A. He was punished by his teacher.
- B. He had no locker to himself.
- C. He made fun of Lizzie's mother.
- D. He was thrown into the dustbin.



If they caught you, they'd stuff you in a trash can.

Q: Why did Lizzie's father recall his own embarrassing experiences?

2. Which of the following was Lizzie's experience before she entered senior high school?

- A. Being class president.
- B. Doing well in gymnastics.
- C. Protecting the environment.
- D. Getting praised in her first job.

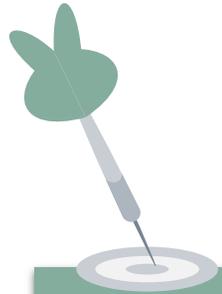


rhythmic gymnastics

The thing Lizzie tried...	Result	Clue
running for class president	X	'... didn't win the election...'
practicing rhythmic gymnastics	X	'...hated rhythmic gymnastics...'
helping save the environment	✓	yes,'...but didn't save the world...'
getting her first job	X	'...got fired...'

3. Lizzie's father advised that she should _____ if she meets difficulties or failures in senior high school.

- A. try again
- B. learn to grow up
- C. turn to her friends
- D. ask him for help



Q: What can we learn from
Father's advice?

'The only time you really fail,
honey, is if you don't try.'



'The only time you really fail, honey, is if you don't try.'

-Dad-shield activate. Come on!
-This is so way serious, and my dad's laughing.
-Hello. I thought we were talking about me here. Let's focus, people.

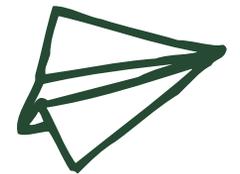
Q: How would Lizzie's alter ego respond to dad's advice?

Alter ego: Well, not bad. Maybe it's worth a try.

Culture Link

First Week of Senior High School

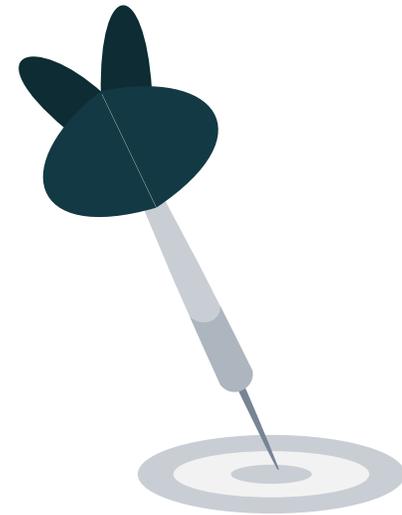
First week of high school varies greatly from culture to culture. For instance, it's a custom in South Korea and Japan to welcome new students with a school entrance ceremony, emphasising students' duties and responsibilities. Some skilled painters in Japan draw welcome pictures on the blackboard. In the US, most high schools offer a training course before school actually starts. New students learn their way around the building and meet some of their teachers and fellow students.



Assignment:

Choose one tip and say something about it. Share your recording in the Wechat Group.

SCRELE





T h a n k y o u !