



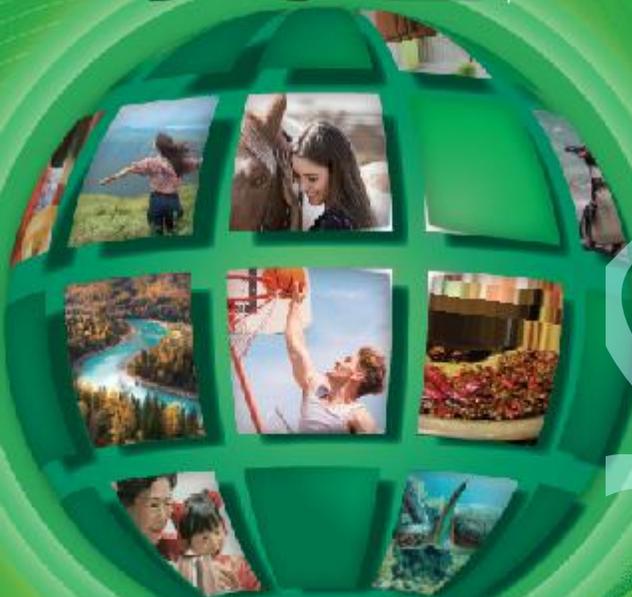
上海市英语教育研究基地

ENGLISH

英语

必修

第二册



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《高中英语》（上外版）

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Unit 3 Food

Period 1 Getting Started & Reading A

Period 2 Reading A & Vocabulary Focus

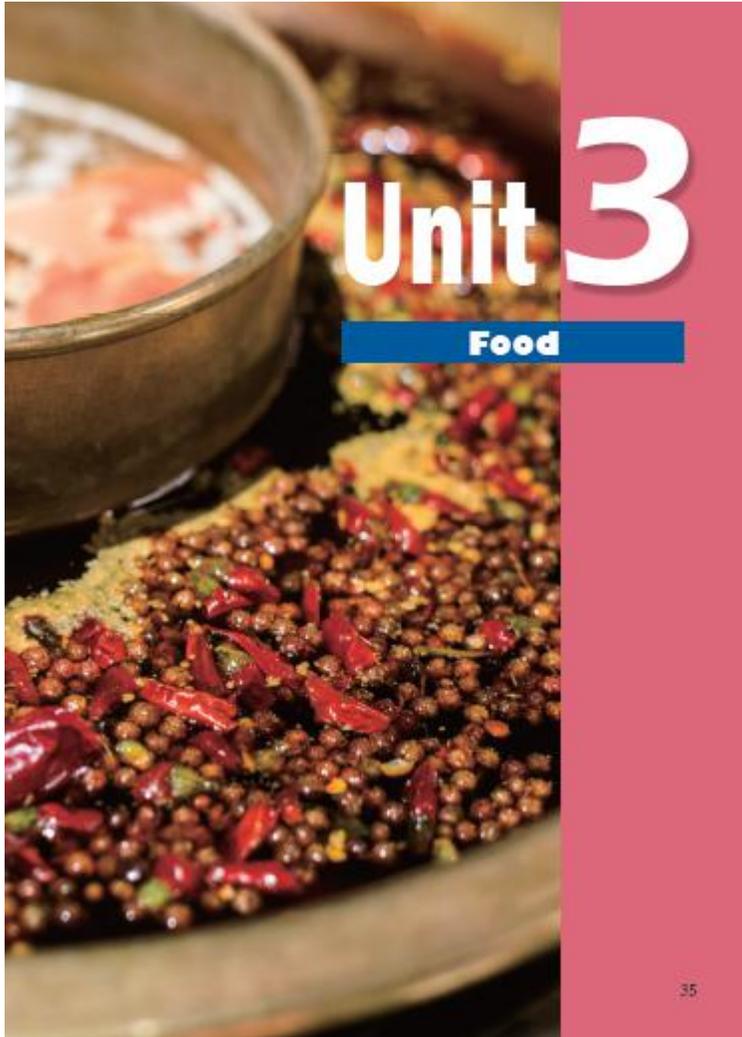
Period 3 Grammar in Use

Period 4 Moving Forward: Writing

Period 5 Listening & Moving Forward:
Speaking

Period 6 Viewing & Reading B

Period 7 Reading B & Critical Thinking



Period 6 Reading B & Critical Thinking

——金丹
上海市光明中学

Unit Organisation

Period No.	Objectives	Activities
1		
2		
3		
4		
5		
6		
7	<ol style="list-style-type: none">1. To recognize examples and illustrate opinions with examples;2. To sort out information and put ideas about food and culture into different categories;3. To raise cross-cultural awareness in the context of globalization.	<ol style="list-style-type: none">1. Close reading2. Critical thinking

Reading B: Close reading

Read paragraph 2 and complete the table.

	Food-culture connection	Example
On an individual level	We closely identify with the food we grow up with (food of our culture). Family dishes often become the comfort food.	The author feels comforted and relaxed when he thinks of his mother's soup he had when he was ill as a child.

Reading B: Close reading

Read paragraph 3 and complete the table.

	Food-culture connection	Example
On a larger scale	Food is an expression of cultural identity	Immigrants cook traditional food as a way of preserving their culture in their new homes and as a means of coping with homesickness.

Reading B: Close reading

Read paragraphs 4 and 5 and complete the table.

	Food-culture connection	Example
On the national level	Each country or community's unique cuisine reflects its unique history, lifestyle, values, and beliefs.	<p>(1) Chinese cuisine: -Different flavours are used in a balanced way to create delicious dishes. → Harmony is a vital trait in Chinese culture. -Chinese people believe that food not only needs to be nutritious but also needs to look appealing and colourful. → Chinese people have a historically elaborate style.</p> <p>(2) American cuisine: It reflects the American history of immigration, which has introduced many different ingredients and cooking styles. Over the years, the US has developed a rich diversity in food preparation throughout the country.</p>

Reading B: Close reading

Read paragraph 4&5 and answer the following questions.

Q1: What does the author say about Chinese cuisine and Chinese culture?
Do you agree with him? Why?

The author uses the case of Chinese cuisine to illustrate the point that each country or community's unique cuisine reflects its unique history, life style, values and beliefs. He believes that Chinese cuisine reflects the value of harmony in Chinese culture, i.e., different flavors are used in a balanced way to create delicious dishes. Also, elaborate styles are appreciated by the Chinese people, which is reflected not only in their food but also in their architecture and costumes.

Q2: How does American cuisine reflect American culture? Could you give some examples?
It reflects the American history of immigration, which has introduced many different ingredients and cooking styles. Over the years, the US has developed a rich diversity in food preparation throughout the country. For instance, Americans eat pizza which is influenced by Europeans.

Critical Thinking

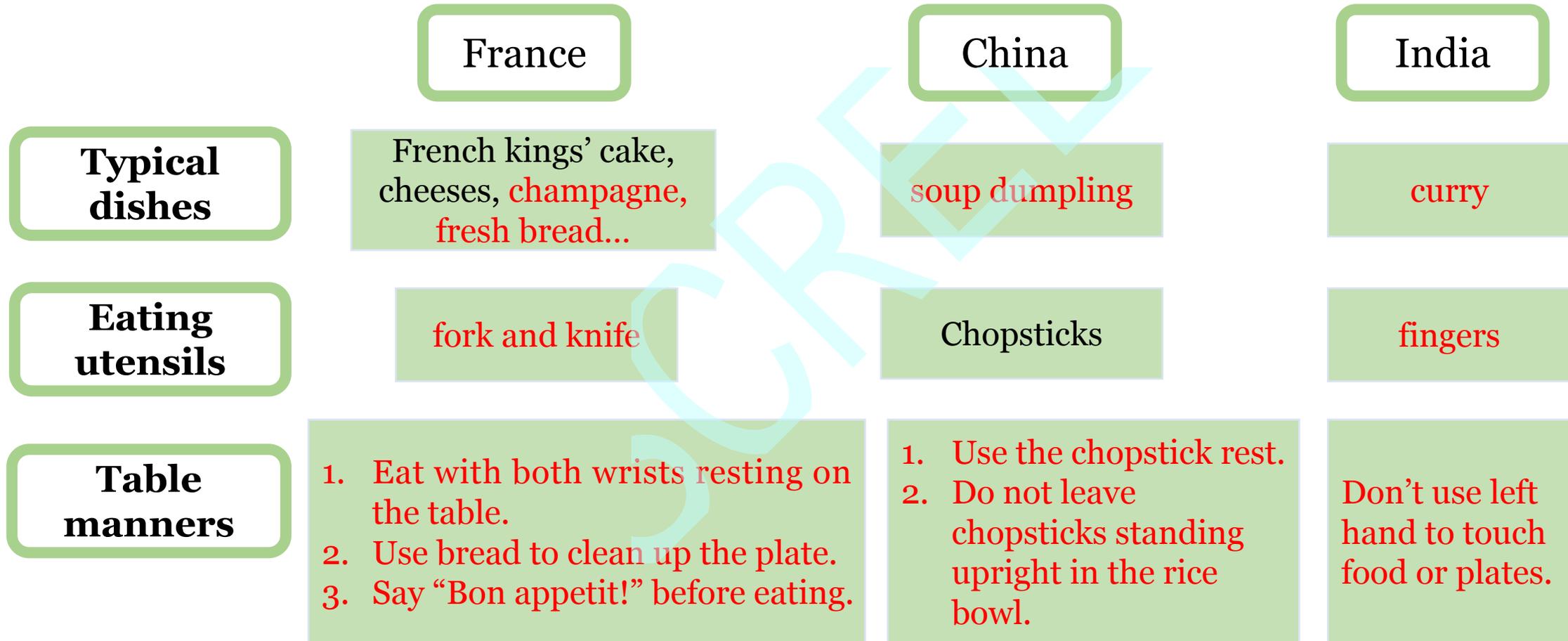
Brainstorm how the flavor, look, ingredients and cooking style of food can reflect the culture of a country.

For example, Japanese people's carefulness in both the selection of ingredients and the preparation of food reflects their pursuit of perfectness.



Critical Thinking

Reflect on what you have learned about food and culture in this unit, and put the information into different categories in the diagram.



Critical Thinking

Do you find any difference(s) between the information in the diagram and your existing knowledge or experience of Chinese food and culture?

Refer to some reliable resources and try to explain the differences if there are any.



Assignments

1. Study and categorize China's food culture and compare China's food culture with that of a foreign culture. (Add more columns in the diagram in Critical Thinking.)
2. Refer to the blog design of Reading A and design a blog page with at least 4 columns introducing Chinese food and culture.



Thank you!

