

《高中英语》（上外版）

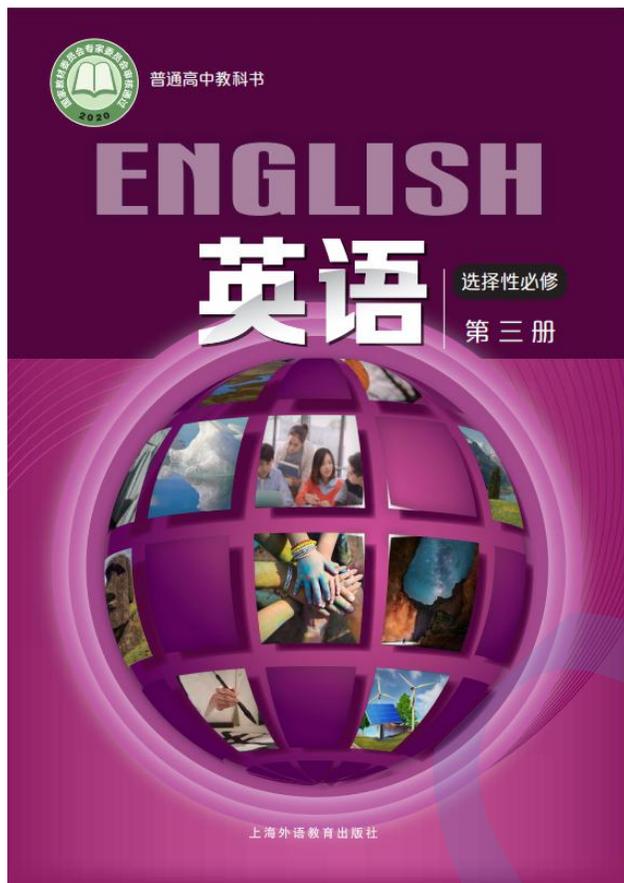
选择性必修第三册第1单元

Fighting Stress

授课教师：李莘
复旦大学附属中学青浦分校

《高中英语》（上外版）

选择性必修第X册第X单元



课时	授课内容
1	Getting Started/ Reading A
1	Reading A/ Vocabulary Focus
1	Reading A/ Grammar in Use
1	Listening, Viewing and Speaking
1	Reading B
1	Critical Thinking
1	Writing
1	Further Exploration/ Self-assessment

学习目标 **Learning Objectives:**

At the end of the lesson, you will be able to ...

1. 能依据建议信的语篇要素有逻辑地表达信息；能根据建议信的对象，目的和内容，选择和使用恰当的语言；

Summarize the format, content feature and tone of an advice letter.;

2. 从语篇的格式、语篇的内容以及语篇的口吻三个方面形成一个评分量表并正确评价同伴的写作；

complete a writing checklist for advice letter and self-assess their writings according to the checklist;

3. 能了解同龄人的烦恼和压力从何而来并了解到化解的技巧；

Understand common peer worries and have a good knowledge of specific strategies.

Brainstorming

**Work in group.
List out the strategies
for the issues on Page 15.
The more the merrier.**

Genre Analysis

Dear Sally,

I am sorry to hear that you have been feeling depressed because of being overweight. I'd like to share with you some tips that might help you out.

Firstly, I think you should be confident of yourself. As a saying goes, never judge a book by its cover. By no means can appearance define you. You are sure to attract others with your smart brain and big smile. Remember I took to you the first time we met each other. Besides, for the sake of your health, I suggest that you take exercise regularly. For example, you can swim or jog three to four times every week. If you keep doing that, I'm sure you will lose weight and become more energetic.

Hope some of the tips work for you. Write to me if you have further problems.

**Yours truly,
Helen**

Genre Analysis

Dear Sally,

I am sorry to hear that you have been feeling depressed because of being overweight. I'd like to share with you some tips that might help you out.

Firstly, **I think you should** be confident of yourself. As a saying goes, never judge a book by its cover. By no means can appearance define you. You are sure to attract others with your smart brain and big smile. Remember I took to you the first time we met each other. Besides, for the sake of your health, **I suggest that** you take exercise regularly. For example, **you can** swim or jog three to four times every week. If you keep doing that, I'm sure you will lose weight and become more energetic.

Hope some of the tips work for you. **Write to me if you have further problems.**

Yours truly,
Helen

Genre Analysis

Introduction: I am sorry to hear that I'd like to share with you some tips that might help you out.

(Show your sympathy and understanding.)

Body: Strategy 1 + Reason; Strategy 2 + Reason + Example.

(Be polite. It is not an order just a suggestion.)

Conclusion: Hope some of the tips work for you. Write to me if you have further problems.

(Let him/her know that you are always here for support.)

Useful Expressions (MAKE SUGGESTIONS)

1. My suggestions are as follows.
2. The following suggestions should be taken into consideration when we are seeking solutions to the problem.
3. In view of the above, I think some urgent measures need to be taken to solve this problem.
4. One way out is ...
5. It will be advantageous / helpful/ profitable/ beneficial if ...
6. should, ought to, be supposed to, might as well ...
7. ... is one of the best approaches/ weapons / ways / solutions.
8. Another way of solving this problem is to ...

Useful Expressions (TRANSITIONAL WORDS)

1.Addition:

*in addition/ additionally/ furthermore/ besides/ moreover/
what's more/ similarly/ apart from....*

2.Cause and effect:

*Since/ due to/ owing to/ thanks to/ as a result
(of)/ accordingly/ hence/ otherwise/ consequently*

3Exemplification:

*for example/ for instance/ that is/ namely/ such as/ in
other words/ in this case/ by way of illustration...*

Writing Criteria

	Inferior	Good
Format	Lack some of the elements.	Include all the basic elements of an advice letter.
Content	No problem description. Less than two tips; No explanation (reason); No example; No conclusion.	Introduce with problem description. At least two tips with clear explanation. Put at least one specific example. Make a conclusion and expectation.
Expression	Full of grammatical mistakes. No transitional words.	Proper transitional words. Few grammatical mistakes.
Tone		Show politeness, patience, sympathy and understanding.

Assignments

- Evaluate desk mate's piece of writing with specific comments.
- Choose another issue and write an advice letter to the student.

Thank you!