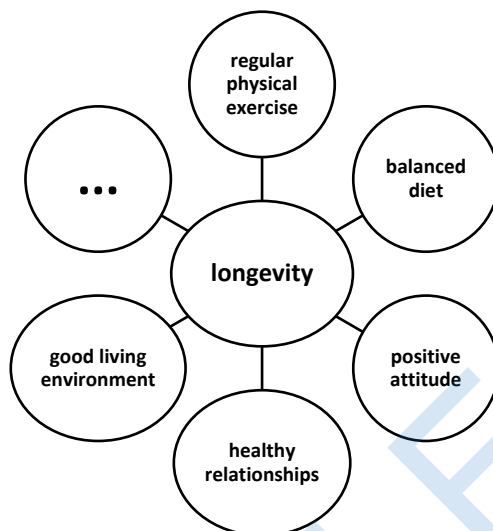


**1. Q: What are the secrets to a long life?**



**2. Q: What factors should be included in a health-index checklist?**

Health Index Checklist		
Factors	Score(1-10)	Description
Living Environment		
Living Habits		
Life Attitude		
Eating Habits		
Interpersonal Relationship		
...		
Total		

Score	Indication
40-50	Congratulations! You live a healthy life both mentally and physically. Please keep it up!
20-40	You probably have some problems either physically or mentally. Try to find out the problems and seek advice.

0-20

You had better keep an eye on your health condition because there must be some problems that need to be dealt with as soon as possible, or they may pose a threat to your normal life.

SCRELE