

I. Warming up

Answer the questions

1. What do you think are the benefits of volunteering?
2. What are the challenges for you to participate in volunteer activities?

Key:

1. Volunteering will provide an opportunity to give back to society and find our life purpose.
It will help reduce pressure by doing physical activities just like I did.
Building up self-esteem by taking challenges and picking up new skills is also a very important benefit that we may have.
2. We may run the risk of getting too involved, as we will feel sorry or anxious for those we are trying to help.
We may feel frustrated when others don't understand us.

Answers may vary.

II. Listening

1. Listen for gist
 - (1) What are the two main health benefits of volunteering?
 - (2) How did you grasp the second benefit?

Key:

- (1) Living longer and having better mental health.
- (2) After Sue mentioned the first benefit, she said "Well there's much clearer evidence as well that people who volunteer have better mental health." Here in this sentence, if we can hear the phrase "as well", we will notice that Sue is talking about the second benefit.

2. Listen again for details and fill in the blanks on page 26

According to Sue, ...

●it is important to do volunteer work that is something (1) <u>you enjoy</u> and means something to you.	● It won't help if the works is a(n) (2) <u>burden</u> to you. ●Very low levels of volunteering or (3) <u>irregular</u> volunteering probably won't benefit your health.
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What is Sue's attitude towards volunteering?

Key: She thinks doing volunteer work carries with itself power and social value. However, to make volunteering a sustainable undertaking, we need to bear in mind some points. Namely,
We should do something enjoyable and personally meaningful.
We should do volunteering work on a regular basis.

III. Viewing

- View a film clip called Russell in the silent mode
What is the relationship between the little boy and the old man?

Key:

They are grandpa and grandson as the boy is reading a book for the old man.
Maybe they are neighbors. Because they are discussing something.
They are strangers because the old man seems to be surprised when he sees the boy. And, most importantly, the old man does not seem very happy or impatient.
Answers may vary.

- View the film clip again in the normal mode, complete the Volunteer Profile on page 26 and answer the questions.

Complete the Volunteer Profile

Volunteer Profile

Name	Russel
Volunteer type	A Wilderness (1) <u>Explorer</u>
The volunteer work he offers	He offers Carl to (2) <u>cross the street, cross the yard, or cross the porch</u> .
Why he offers help to Carl	Carl is an elderly man and probably needs some help.
What badge he needs	(3) <u>Assisting the Elderly badge</u> .
Why he needs the badge	He wants to (4) <u>become a Senior Wilderness Explorer</u> and attend a ceremony so that his dad will pin on his badge.

Answer the questions:

- What is the relationship between the little boy and the old man?

Key: They are strangers because the old man is very surprised to see him for the first time, and the little boy keeps introducing himself.

- Why didn't Carl accept the help Russell offered at first?

He didn't think the help was necessary and he had no difficulty in doing it

- What lesson can you draw from Russel's volunteering story?

Before we offer help to other people, we should also know what their real needs are, otherwise we will be rejected by them

- Do you think that the help Russell offers are totally meaningless?

It may not be completely meaningless and he is offering help out of goodwill, just like what we've said, if he can better understand Carl's needs, the volunteer work he does may be more meaningful and appreciated.

- What impressed you most about the little boy in the film clip?

-Despite the repeated refusal by Carl, even his foot was stuck in the door, Russell still did not give up and insisted to the end.

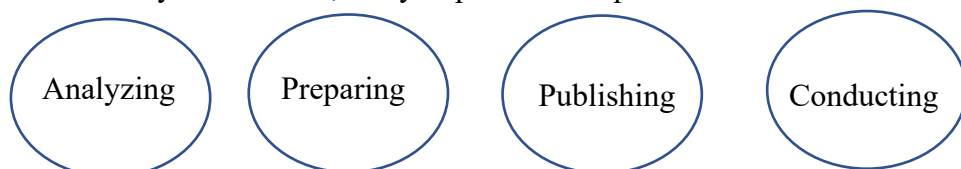
-Russell was not that clever at the beginning, because he introduced himself every time Carl opened the door. But it also shows that once he has a goal in

his heart, he will not hesitate to pursue it.

-Russell has a passion for volunteering. Although he is volunteering for a badge, when he hears Carl needs him to help catch birds, he is very willing to help, which shows that he is a kind and enthusiastic child

IV. Speaking: Reporting a mini-survey about volunteering

1. Do you know what process and steps a survey needs to go through? These steps are currently out of order, can you put these steps in correct order?



- Step 1: _____ (Preparing)
 Step 2: _____ (Conducting)
 Step 3: _____ (Analyzing)
 Step 4: _____ (Publishing)

2. Design the questions before conducting the survey

Questions	Classmate 1	Classmate 2	Classmate 3
<i>Do you know anyone who is as passionate and committed as Russell? If yes, who are they and where and why did they volunteer?</i>			
<i>Would you like to work as a volunteer in the same way? Why or why not?</i>			
<i>Can you think of some other ways to help people in need? What are they?</i>			

3. Can you share with your group members and work together to find out why and how people volunteer?
 4. Do you know any tips that can attach importance to your points?

Useful Expressions:

Giving reasons	Giving examples
Owing to ..., people volunteer...	That reminds me of...
The reason for volunteering is that ...	Take...for instance, ...
That is why people volunteer....	What's more, ...
Most people volunteer on account of...	Take the case of ...

V. Assignment

1. Write down your advice for Russell to help him complete his next volunteer project.
2. Write a summary of why and how people in your class volunteer according to the results of mini-survey

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